



Chris Owens
Director

A HUGE thank you to Exhibitors for Monday's Women's Health Fair:

Alkaline Solutions Aqua Purification

Susan G. Komen L'ville

Kentucky Women's Health Registry

Passport Health Plan

Humana CareSource

Lifeline Chiropractic

Kentuckiana Precision

Acupuncture

Cooperative Extension

Office-Jefferson County

Norton HealthCare

Louisville Metro Public

Health & Wellness

UofL Kentucky Cancer

Program; James Graham

Brown Cancer Center

Preston Chiropractic

The Center For Women and Families

Seven Counties

Services, Inc.

KAIRE

Grasshoppers - will

offer taste testing

KIPDA Area Agency on

Aging and Independent

Living

Last Chance:

Show your pride by entering the [Mayor's Photo Contest](#).

Deadline is May 10th.

National Women's Health Week—OFW Health Fair: May 13th



National Women's Health Week will begin on Mother's Day (May 12th)!

OFW will be holding its **5th Annual Women's Health Fair, May 13th**. Two venues on Barret Ave.—the 810 and 850 Buildings.

Norton Healthcare Mobile Unit will take appointments at the Health Fair, but will NOT do mammography screenings on the 13th.

*The Mobile Unit **WILL RETURN** on May 16th to do mammograms. (flyer page 2)*

Kentuckiana Air Education (also known as KAIRE) will be joining the Fair....

Kentuckiana Air Education educates the public about the benefits of clean air, with an emphasis on voluntary measures individuals can take to make a difference in the fight against air pollution. KAIRE raises awareness of the health effects of poor air quality and builds community involvement by encouraging the people of Kentuckiana to make air-friendly choices in their daily lives. More than 40 local schools, businesses, and organizations have partnered with KAIRE via its Idle Free Louisville program. They have agreed to adhere to anti-idling practices and promote idle-free driving habits with their students and employees. Unnecessary vehicle idling pollutes the air, wastes gas, and can actually be harmful to modern engines.

More Health Fair Highlights !!

Your One-Stop Shop for Local Food in Kentuckiana, Year Round

(Offering taste testing - 850 Barret Ave, May 13th)

Grasshoppers offers locally grown produce (seasonal veggies and fruits); meats raised on pasture without prophylactic antibiotics or added hormones or steroids (beef, chicken, pork, bison, turkeys); goat and cow cheeses; dairy products from butter to milk to cream (in glass bottles, non-homogenized, and low-heat pasteurized); and MUCH more from over 70 local family farms and artisans in Kentucky and Southern Indiana. Our service ensures that you can choose from a variety of foods as part of a weekly or bi-weekly grocery basket designed by you! We offer a la carte shopping as well, which allows you to further customize your order each week. www.localfoodnow.com

Kentuckiana Precision Acupuncture

Dr. Heping Wang, (offering Chinese Massage - 810 Barret Ave, May 13th)

Chinese medicine is unique in its ability to create individually tailored plans to improve the immune system, reduce stress and anxiety, improve general health and vitality, and address issues of pain and injury. It is not a substitute for western care, but instead is a great enhancement and complement to western care.

We are proud to offer a comprehensive program of holistic and integrative therapies that include Acupuncture, Cupping, Qigong Tuina treatment, custom blended herbal tea and an assortment of traditional Chinese remedies to reduce and manage pain, relieve stress, improve energy, and enhance immunity.

<http://kyprecisionacupuncture.com>



CELEBRATE



**national
women's
health week**

5th Annual Women's Health Fair

MAY 13, 2013

EXHIBITORS:

810 BARRET Ave: 10am-3pm

850 BARRET Ave: 11 am—2pm

*Grasshoppers will offer
Taste Testing!!*

**Norton Centers for Prevention & Wellness
will take Mammogram appointments @ 810 Barret
10 am-3 pm for May 16th Mobile Unit Visit**

Mammograms

**Women 40+ years old . . . If it has
been 1 year since your last exam**

**Call 502-899-6842 for appointment
or sign up on May 13th**

**Blood Pressure,
Blood Glucose &
BMI Screenings**

**Ages 18
and Over**



**NORTON
HEALTHCARE**

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